



Reconciliation

The Correct Method

Method 1

- **Between the Couple**

Resolve through effective communication, keeping it **honest** and **respectful**.
The method and way of communicating is important!

Sit down and TALK

Method 2

- Between the Family

Surah: The Women (4:35)

وَإِنْ خِفْتُمْ شِقَاقَ بَيْنِهِمَا فَأَبْعَثُوا حَكَمًا مِّنْ أَهْلِهِ
وَحَكَمًا مِّنْ أَهْلِهَا إِنْ يُرِيدَا إِصْلَاحًا يُوَفِّقُ اللَّهُ بَيْنَهُمَا
إِنَّ اللَّهَ كَانَ عَلِيمًا خَبِيرًا ٣٥

If you anticipate a split between them, appoint a mediator from his family and another from hers. If they desire reconciliation, Allah will restore harmony between them. Surely Allah is All-Knowing, All-Aware.

Method 3

- **Muslim Professional Counsellor or Qualified Scholar**

This should be someone with experience but also having the correct, sound knowledge for the betterment of the couple. They will hold strong Islamic values. In Western circles you may not always find someone that has those values.

- ✓ Imam (Or Qualified God-Fearing Counsellors)
- ✓ Sakoon Counselling
- ✓ MindWorksUK
- ✓ Inspired Minds



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